



Organiser: EPA - European Parents' Association

When: 1 December - 16.30 - 18.00

[Register here before November 26th](#)

Wellbeing and Media Literacy for Parents and Families

Concept

According to the OECD "How is life" framework for measuring wellbeing the subjective wellbeing, the health status and the personal security among others play a decisive role under the heading "quality of life". These can also be severely hampered by negative experiences in the online space - like cyberbullying, grooming, sextortion to name but just a few - especially during the periods of lockdown due to the COVID19 pandemic when the cyberspace became the main (and sometimes even the only) place for teaching and learning, working and social exchange. Wellbeing in this context is very closely linked to digital and media skills which the project "Media Literacy for Parents" has tried to explore to give parents the information and tools at hand that can support their own learning in this field but more specifically help them to contribute to their children's media education and online wellbeing.

The webinar will present the main outputs of the project and provide some examples of how to ensure wellbeing in education also in the digital environment.

Agenda

- Project overview
- Presentation of the WebApp
- Taste of training on 1 - 2 topics chosen by participants
- Feedback on the training session
- Presentation of the Guide for Parents
- Final round of discussion